



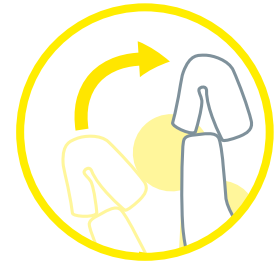
A big 'thank you'

... for deciding to buy a Svenstol

Svenstol 24h chairs have been specially developed for continuous use around the clock. This means that all their parts are designed to withstand high loads over long periods. Even so, you can make a significant contribution to years of satisfactory, trouble-free service provided you use your chair correctly.

Incorrect use over time can cause damage for which unfortunately we may not be able to offer any guarantee.

Please also read the special instructions on the use of our comfort armrests on page 7 and the general instructions for use on the last two pages.



Do not leave the chair with the seat fixed at an angle – this will spare the mechanism's spring when the chair is not in use.



Please do not sit on the chair with hard or sharp objects (tools, mobile phone cases etc.).

activePlus mechanism

Active sitting – focussed work

In critical control room situations it is essential that the correct decision is made quickly. Our activePlus mechanism helps you meet this challenge with focus.

For active sitting, position the backrest at an angle of 90 to 95 degrees to the surface of the seat, ① release the negative seat tilt ② + ③ and select the backrest resistance ④ so that you are pushed gently forwards when pressure is taken off the backrest. Pressure and counter pressure maintain movement with no effort on your part, the blood flow throughout your musculature improves, and muscular tension and poor posture are avoided.



1a. Comfort armrests

Optional

- Tip-up armrests
- Angle of tilt can be adapted to the working position (30°)
- Wheel adjustment underneath armrest



1b. Svenstol Armrests

Optional

- Tip-up armrests
- To adjust the angle simply pull the armrest up
- To lower the armrest, relieve any load on it and push the release button forward



1c. T armrests

Alternative to comfort armrests

- Height adjustable, locking via button positioned on the side Pushbutton
- Width adjustable (release locking lever on underside of the seat)
- Armrest depth and lateral positioning adjustable
- Armrest pivots by releasing locking located immediately underneath armrest



2. Comfort headrest

Optional

- 6 position headrest:
height, tilt and depth adjustable
- Relieves neck muscles



3. Backrest

- Adjustable backrest tilt
- Pull right side locking lever upwards



4. Lumbar support

Optional

- Pneumatically adjustable with two separate air chambers in the lumbar vertebrae area
- Air chambers fill (thus increasing the curvature of the backrest cushioning in the lumbar vertebrae area) with removable magnetic hand pump on the left underneath the seat.
- Release the air (thereby reducing depth of curvature) using the valve buttons on the hand pump

○ upper air chamber

● lower air chamber



5. Seat depth adjustment

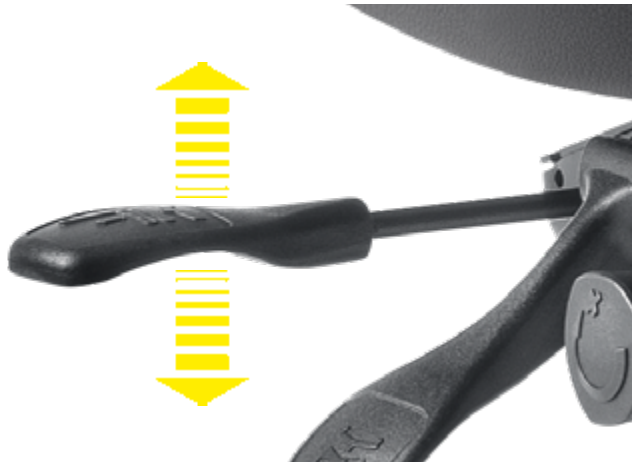
Optional

- Sliding seat pan: Seat depth can be adjusted by 8 cm
- Release lever at the front right underneath the seat, hold the underside of the front edge of the seat and pull the seat forwards or push it backwards
- Return the quick-release lever to the locked position



6. Seat height

- Rear lever on the right-hand side underneath the seat
- Pull upwards to adjust the seat height



7. Locking mechanism

- Lockable in any position (front lever on right side underneath the seat)
- Push lever downwards to lock
- Pull lever upwards to release



8. Weight setting

50-150 kg (version 150+: 80-200 kg)

- Adjust backrest resistance for active sitting
- **With handwheel**
To increase the resistance, turn the knob on the right-hand side underneath the seat in a clockwise direction forwards
- **With crank**
To increase the resistance, fold out the handle and turn the crank on the right-hand side underneath the seat in a clockwise direction forward.



NOTE – To adjust the weight, release the mechanism, take load off the back or tilt the seat forwards!



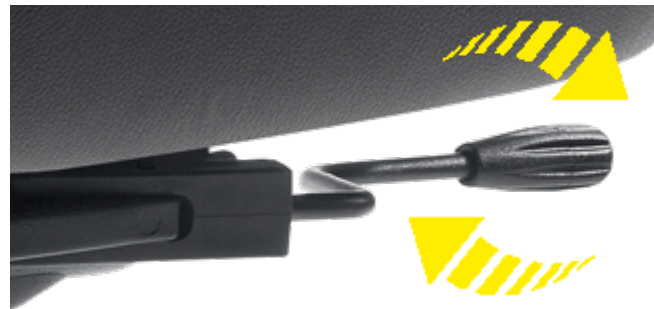
9. Negative seat tilt

(activePlus only)

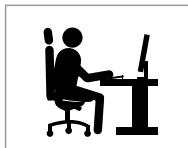
- Prevents pelvis tilting and encourages active sitting
- To block, push the lever on the left side underneath the seat towards the front; pull backwards to release



CAUTION - Before activating, tilt the seat slightly backwards!



User information



Use

This swivel chair should only be used with general due diligence.

An accident could occur if used in a manner other than that intended (e.g., sitting on the armrests and standing aids).



Covers

Covers should only be cleaned with warm water or neutral soapy water (shampoo) when dirty.

Do not allow marks to remain for a long period. Do not rub hard – if possible, remove dirt with gentle dabbing.



Seating surface

The seating surface is replaceable.



Castors

Fitted as standard with castors for textile-based flooring (carpets). Soft castors should be used for safety reasons on hard floors. If the flooring is changed, the castors should be changed accordingly.



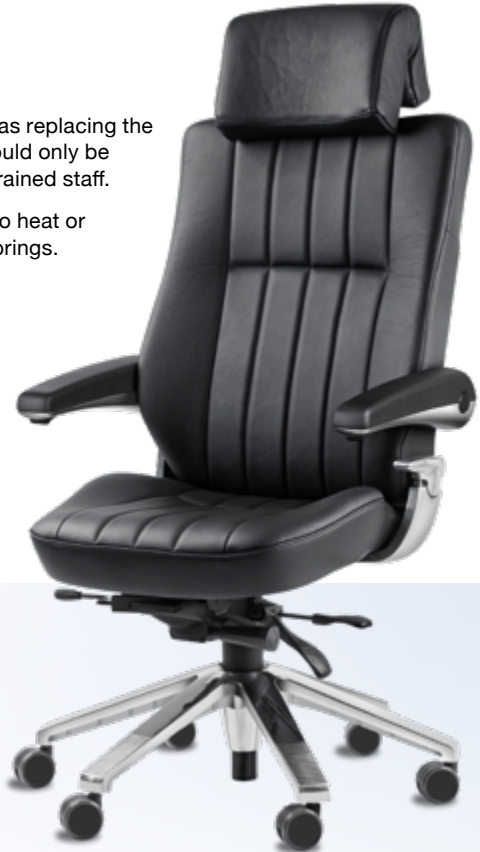
Tilt mechanism

In individual cases the tilt mechanism may need to be readjusted after a certain period of time. This can be done quite straightforwardly: place a size 16 open-end spanner on the nut (left side of the mechanism) and turn it approx. ¼ of a turn clockwise. This is usually sufficient to restore the familiar sitting comfort.

You can also request a FREE assembly spanner of the correct size from info@stolcomfort.com.

Service

- Servicing such as replacing the gas springs should only be carried out by trained staff.
- Never attempt to heat or open the gas springs.



Errors and omissions excepted. | Version of 06/2019